



Chef Chipper's Early Learners Lunch Program



Lunch March 2023



Serving sizes as follows:

1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk













3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk

School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

This institution is an equal opportunity provider.

Approved by Barbara Myers, RD, LD/N

* Please See CACFP Meal Pattern Charts

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>1% Milk</u> Is Served At Lunch Everyday Whole Milk Is Available For Students Age 1 & 2</p>	<p><u>Menu Items Subject To Change Based On Availability</u></p> <p><u>Meal Changes Shall Be Written On The Posted Menu</u></p>	<p><u>Roast Turkey</u> <u>WG Stuffing</u> <u>Mashed Potatoes</u> <u>Mixed Fruit</u></p> 	<p><u>Herb Baked Chicken Breast</u> <u>Rice</u> <u>Carrots</u> <u>Bananas</u></p>	<p><u>Chicken Nuggets</u> <u>WG Bread</u> <u>Tossed Salad</u> <u>Peaches</u></p> 
<p><u>6</u></p>	<p><u>7</u></p>	<p><u>8</u></p>	<p><u>9</u></p>	<p><u>10</u></p>
<p><u>Baked Rigatoni</u> <u>WG Pasta - Cheddar</u> <u>Ricotta - Mozzarella Cheese</u> <u>Green Beans</u> <u>Apple Slices</u></p> 	<p><u>Honey BBQ Chicken Breast</u> <u>Whole Grain Stuffing</u> <u>Carrots</u> <u>Oranges</u></p> 	<p><u>Beef Sloppy Joes</u> <u>White Rice</u> <u>Corn</u> <u>Mixed Fruit</u></p>	<p><u>Chicken Cordon Blue</u> <u>Diced Chicken Breast - Turkey Ham</u> <u>Mozzarella Cheese</u> <u>WG Pasta</u> <u>Sliced Cucumbers w/ Ranch Dip</u> <u>Bananas</u></p>	<p><u>WG Personal Pizza</u> <u>Tossed Salad</u> <u>Peaches</u></p> 
<p><u>13</u></p>	<p><u>14</u></p>	<p><u>15</u></p>	<p><u>16</u></p>	<p><u>17</u></p>
<p><u>Bow Tie Macaroni & Cheese</u> <u>WG Pasta - Cheddar</u> <u>Ricotta - Mozzarella Cheese</u> <u>Apple Slices</u> <u>Peas</u></p> 	<p><u>Swedish Meatballs</u> <u>WG Roll</u> <u>Carrots</u> <u>Oranges</u></p>	<p><u>Broccoli Chicken Alfredo</u> <u>Diced Chicken Breast—WG Pasta</u> <u>Green Beans</u> <u>Mixed Fruit</u></p>	<p><u>Pollock Nuggets</u> <u>Corn</u> <u>Bananas</u></p> 	<p><u>Turkey Ham</u> <u>WG Roll</u> <u>Potatoes & Cabbage</u> <u>Peaches</u></p> 
<p><u>20</u></p>	<p><u>21</u></p>	<p><u>22</u></p>	<p><u>23</u></p>	<p><u>24</u></p>
<p><u>Cheddar Cheese Omelets</u> <u>WG English Muffin</u> <u>Diced Potatoes</u> <u>Apple Slices</u></p> 	<p><u>Chicken Fajitas</u> <u>(Grilled Chicken Strips Roast Peppers & Onions)</u> <u>Corn</u> <u>WG Flour Tortillas</u> <u>Oranges</u></p>	<p><u>Hamburger Helper</u> <u>80/20 Ground Beef - WG Pasta</u> <u>100% Cheddar</u> <u>Peas</u> <u>Mixed Fruit</u></p> 	<p><u>BBQ Chicken</u> <u>Rice</u> <u>Corn</u> <u>Bananas</u></p> 	<p><u>WG Personal Pizza</u> <u>Tossed Salad</u> <u>Peaches</u></p>
<p><u>27</u></p>	<p><u>28</u></p>	<p><u>29</u></p>	<p><u>30</u></p>	<p><u>31</u></p>
<p><u>Rice & Bean Bowls</u> <u>Kidney Beans, Fiesta Rice,</u> <u>Topped w/ Melted Cheddar</u> <u>Corn</u> <u>Apple Slices</u></p>	<p><u>Meatloaf</u> <u>WG Bun</u> <u>Roast Potatoes</u> <u>Mixed Fruit</u></p> 	<p><u>Sweet & Sour Tempura Chicken</u> <u>White Rice</u> <u>Carrots</u> <u>Oranges</u></p>	<p><u>Chicken Salad Sandwich</u> <u>WG Bun</u> <u>Sliced Cucumbers w/ Ranch Dip</u> <u>Bananas</u></p>	<p><u>Chicken Nuggets</u> <u>WG Bread</u> <u>Tossed Salad</u> <u>Peaches</u></p>