



Chef Chipper's Early Learners Lunch Program



Lunch August 2022



Serving sizes as follows:

1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk




3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk

School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

This institution is an equal opportunity provider.

Approved by Barbara Myers, RD, LD/N

* Please See CACFP Meal Pattern Charts

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|---|
| <p>1</p> <p><u>Homestyle Baked Macaroni</u> WG Pasta - Cheddar Ricotta - Mozzarella Cheese <u>Apple Slices</u> <u>Green Beans</u></p> | <p>2</p> <p><u>Chicken Nuggets</u> <u>WG Bread</u> <u>Corn</u> <u>Oranges</u></p>  | <p>3</p> <p><u>Teriyaki Chicken</u> <u>Rice</u> <u>Stir Fry Veggies</u> <u>Mixed Fruit</u></p>  | <p>4</p> <p><u>Make Your Own Chicken Tacos</u> <u>Diced Chicken Breast</u> <u>WG Flour Tortillas</u> <u>Shredded Cheese</u> <u>Salsa Packs - Corn</u></p> | <p>5</p> <p><u>Mozzarella Stuffed Breadsticks</u> <u>WG Bun</u> <u>Mixed Veggies</u> <u>Peaches</u></p> |
| <p>8</p> <p><u>Baked Ziti</u> WG Pasta - Cheddar Ricotta - Mozzarella Cheese <u>Green Beans</u> <u>Apple Slices</u></p> | <p>9</p> <p><u>Meatball Sandwiches</u> (.5oz Beef Meatballs) <u>WG Roll</u> <u>Mixed Vegetables</u> <u>Oranges</u></p> | <p>10</p> <p><u>BBQ Chicken Breast</u> <u>WG Bun</u> <u>Corn</u> <u>Mixed Fruit</u></p> | <p>11</p> <p><u>Popcorn Chicken</u> <u>WG Bun</u> <u>Mixed Vegetables</u> <u>Bananas</u></p>  | <p>12</p> <p><u>WG Personal Pizza</u> <u>Tossed Salad</u> <u>Peaches</u></p>  |
| <p>15</p> <p><u>WG Calzones</u> <u>Green Beans</u> <u>Apple Slices</u></p>  | <p>16</p> <p><u>Turkey Corn Dog Nuggets</u> <u>Corn</u> <u>Oranges</u></p> | <p>17</p> <p><u>Chicken Salad Sandwiches</u> <u>Sliced Cucumbers</u> <u>Baby Carrots</u> <u>Mixed Fruit</u></p>  | <p>18</p> <p><u>Roast Turkey</u> <u>Corn</u> <u>WG Roll</u> <u>Mixed Fruit</u></p> | <p>19</p> <p><u>Boneless Chicken Wings</u> <u>Mixed Veggies</u> <u>Peaches</u></p> |
| <p>22</p> <p><u>Bowtie Macaroni & Cheese</u> WG Bowtie Pasta - Cheddar Ricotta - Mozzarella Cheese <u>Apple Slices</u> <u>Green Beans</u></p> | <p>23</p> <p><u>Cheeseburger Sliders</u> 2oz Beef Burger - American Cheese <u>WG Bun</u> <u>Corn</u> <u>Oranges</u></p>  | <p>24</p> <p><u>Herb Baked Chicken Breast</u> <u>Rice</u> <u>Mixed Vegetables</u> <u>Mixed Fruit</u></p> | <p>25</p> <p><u>Chicken Nuggets</u> <u>WG Bread</u> <u>Corn</u> <u>Bananas</u></p>  | <p>26</p> <p><u>Personal Pizza</u> <u>Tossed Salad</u> <u>Peaches</u></p> <div style="border: 1px solid red; padding: 5px; text-align: center;"> <p>1% Milk Is Served At Lunch Everyday Whole Milk Is Available For Students Age 1 & 2</p> </div> |
| <p>29</p> <p><u>Santa Fe Chicken Casserole</u> Rice - Tomato - Onion Peppers Chicken Breast - Shredded Cheddar <u>Peas</u> <u>Mixed Fruit</u></p>  | <p>30</p> <p><u>Chicken Fajitas</u> (Grilled Chicken Strips Roast Peppers & Onions) <u>Corn</u> <u>WG Flour Tortillas</u> <u>Oranges</u></p> | <p>31</p> <p><u>Spaghetti & Meatballs</u> (.5oz Beef Meatballs) <u>Mixed Vegetables</u> <u>Mixed Fruit</u></p>  |   | |