



Chef Chipper's Early Learners Lunch Program



Lunch October 2024



Serving sizes as follows:













1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk

3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk

School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

* Please See CACFP Meal Pattern

This institution is an equal opportunity provider.
Approved by Barbara Myers, RD, LD/N

Monday	Tuesday	Wednesday	Thursday	Friday
<p>30</p> <p><u>Turkey Sausage & Mozzarella Calzone</u></p>	<p>1</p> <p><u>Baked Ziti</u> WG Pasta - 100% Cheddar Mozzarella - Ricotta Broccoli Florets w/ Ranch Dip <u>Mixed Fruit</u></p>	<p>2</p> <p><u>Broccoli Chicken Rice Casserole</u> Chicken Breast - Rice - Cheddar - Broccoli <u>Green Bean</u> <u>Bananas</u></p>	<p>3</p> <p><u>BBO Chicken Sandwich</u> <u>Hot Dog Rolls</u> Carrots Oranges</p> 	<p>4</p> <p><u>Personal Pizza</u> <u>Tossed Salad</u> <u>Peaches</u></p> 
<p>7</p> <p><u>Chicken Parmesan</u> WG Penne Pasta - Mozzarella Cheese <u>Peas</u> <u>Apple Slices</u></p> 	<p>8</p> <p><u>Mexican Pulled Chicken over Rice</u> <u>Corn</u> <u>Mixed Fruit</u></p> 	<p>9</p> <p><u>Hamburger Helper</u> Lean Ground Beef WG Pasta - 100% Cheddar <u>Green Bean</u> <u>Bananas</u></p> 	<p>10</p> <p><u>Sweet & Sour Chicken</u> <u>Veggie Fried Rice</u> Carrots Oranges</p>	<p>11</p> <p><u>Chicken Nuggets</u> <u>Tossed Salad</u> <u>Peaches</u></p> 
<p>14</p> <p><u>Tempura Chicken</u> <u>Rice</u> <u>Peas</u> <u>Apple Slices</u></p> 	<p>15</p> <p><u>Chicken Meatballs</u> <u>WG Bun</u> <u>Green Beans</u> <u>Mixed Fruit</u></p> 	<p>16</p> <p><u>Meatloaf</u> <u>WG Roll</u> <u>Tossed Salad</u> <u>Bananas</u></p> 	<p>17</p> <p><u>Burrito Bowls</u> <u>Diced Chicken - Shredded Cheddar</u> <u>Rice & Beans - Salsa</u> <u>Sliced Cucumbers w/ Ranch</u></p>	<p>18</p> <p><u>Personal Pizza</u> <u>Tossed Salad</u> <u>Peaches</u></p>
<p>21</p> <p><u>Roast Turkey in Gravy</u> <u>WG Roll</u> <u>Whipped Potatoes</u> <u>Apple Slices</u></p> 	<p>22</p> <p><u>Cheeseburgers</u> <u>WG Roll</u> <u>Potatoes</u> <u>Mixed Fruit</u></p> <p><u>Menu Items Subject To Change Based On Availability</u></p>	<p>23</p> <p><u>Chicken Fajitas</u> <u>Diced Chicken Breast</u> <u>Flour Tortillas - Shredded Cheddar</u> <u>Corn, Pepper, & Onion Blend</u> <u>Bananas</u></p>	<p>24</p> <p><u>Chicken Caesar Salad</u> <u>Grilled Chicken Breast</u> <u>Shredded Cheddar - Caesar</u> <u>WG Bread Stick</u> <u>Oranges</u></p>	<p>25</p> <p><u>Boneless Chicken Bites</u> <u>Broccoli & Ranch Dip</u> <u>Peaches</u></p> 
<p>28</p> <p><u>Mozzarella Calzone</u> <u>Peas</u> <u>Apple Slices</u></p> 	<p>29</p> <p><u>Crispy Chicken Sandwich</u> <u>WG Bun</u> <u>Sliced Cucumbers w/ Ranch</u> <u>Mixed Fruit</u></p> <p><u>Meal Changes Shall Be Written On The Posted Menu</u></p>	<p>30</p> <p><u>WG Turkey Corn Dog Nuggets</u> <u>Corn</u> <u>Bananas</u></p> <p><u>1% Milk Is Served At Lunch Everyday Whole Milk Is Available For Students Age 1</u></p>	<p>31</p> <p><u>Beef & Bean Chili</u> <u>Rice</u> <u>Corn</u> <u>Oranges</u></p> 