NOVEMBER 2026 CHILD CARE COLD LUNCH MENU

Remember that at least one vegetable component MUST be served at every Lunch!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11/2/2026	**11/3/2026**	**11/4/2026**	**11/5/2026**	**11/6/2026**
Weekly Sandwich Alternate (must order all items in place of sandwich): 138 BLUEBERRY YOGURT - 118 MOZZARELLA STRING CHEESE - 989 WG GRAHAM CRACKERS				
COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk				
233 **ROTISSERIE CHICKEN & MOZZARELLA ON WG BRIOCHE BUN** 633 SUNSET SIP VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	237 **TURKEY, TURKEY PEPPERONI, TURKEY HAM & MOZZARELLA CHEESE ON WG ROLL** 632 WANGO MANGO VEGETABLE JUICE 689 STRAWBERRY APPLESAUCE 100 WHITE MILK	251 **GRILLED CHEESE ON WG RF AMERICAN/MOZZARELLA** ***or*** 261 **SOY BUTTER & JELLY WG SANDWICH** 634 RUBY RUSHER VEGETABLE JUICE 697 BAGGED APPLE SLICES ***or*** 644 PEAR CUP 100 WHITE MILK	234 **TURKEY HAM & TWO CHEESE ON WG ROLL** 611 BABY CARROTS SNACK PACK 697 BAGGED APPLE SLICES ***or*** 670 FRESH FRUIT 100 WHITE MILK	238 **CHICKEN, TURKEY PEPPERONI & CHEESE ON WG CROISSANT** 606 CHOPPED ROMAINE SALAD ***or*** 611 BABY CARROTS SNACK PACK 682 BANANA ***or*** 670 FRESH FRUIT 100 WHITE MILK
11/9/2026	**11/10/2026**	**11/11/2026**	**11/12/2026**	**11/13/2026**
Weekly Sandwich Alternate (must order all items in place of sandwich): 136 VANILLA YOGURT - 126 CO-JACK CHEESE - 929 PEPPERIDGE FARM WG VANILLA GIANT GOLDFISH				
COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk				
227 **TURKEY HAM, TURKEY PEPPERONI & CHEESE ON WG SUB** 631 CHERRY STAR VEGETABLE JUICE 656 CRAISINS-ORIGINAL ***or*** 610 PAPAYA MANGO CUP 100 WHITE MILK	251 **GRILLED CHEESE ON WG RF AMERICAN/MOZZARELLA** ***or*** 261 **SOY BUTTER & JELLY WG SANDWICH** 630 DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	229 **TURKEY HAM & CHEESE ON WG CROISSANT** 633 SUNSET SIP VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	404 **TURKEY HAM, TURKEY SALAMI, TURKEY PEPPERONI & MOZZARELLA CHEESE ON WG WRAP** 611 BABY CARROTS SNACK PACK 670 FRESH FRUIT ***or*** 653 UNSWEETENED APPLESAUCE 100 WHITE MILK	232 **BUFFALO CHICKEN & CHEDDAR ON WG BRIOCHE BUN** 611 BABY CARROTS SNACK PACK 682 BANANA ***or*** 670 FRESH FRUIT 100 WHITE MILK
11/16/2026	**11/17/2026**	**11/18/2026**	**11/19/2026**	**11/20/2026**
Weekly Sandwich Alternate (must order all items in place of sandwich): 546 CHEESY PIZZA HUMMUS - 118 MOZZARELLA STRING CHEESE - 938 WG SAVORY WHEAT CRACKERS				
COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk				
228 **TURKEY HAM & CHEESE ON WG SUB** 632 WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	233 **ROTISSERIE CHICKEN & MOZZARELLA ON WG BRIOCHE BUN** 634 RUBY RUSHER VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	234 **TURKEY HAM & TWO CHEESE ON WG ROLL** 631 CHERRY STAR VEGETABLE JUICE 659 CRAISINS-WATERMELON ***or*** 684 STRAWBERRY BANANA APPLESAUCE 100 WHITE MILK	237 **TURKEY, TURKEY PEPPERONI, TURKEY HAM & MOZZARELLA CHEESE ON WG ROLL** 606 CHOPPED ROMAINE SALAD ***or*** 611 BABY CARROT SNACK PACKS 682 BANANA **or** 670 FRESH FRUIT 100 WHITE MILK	251 **GRILLED CHEESE ON WG RF AMERICAN/MOZZARELLA** ***or*** 261 **SOY BUTTER & JELLY WG SANDWICH** 606 CHOPPED ROMAINE SALAD ***or*** 611 BABY CARROT SNACK PACKS 682 BANANA **or** 607 MANGO FRUIT CUP 100 WHITE MILK
11/23/2026	**11/24/2026**	**11/25/2026**	**11/26/2026**	**11/27/2026**
Weekly Sandwich Alternate (must order all items in place of sandwich): 137 PEACH YOGURT - 126 CO-JACK CHEESE - 936 WG VANILLA BEAR GRAHAMS				
COMPLETE MEAL = Sandwich or Sandwich Alternate (all 3 items) + 1 Serving Vegetable + 1 Serving Fruit + 1 Serving Milk				
229 **TURKEY HAM & CHEESE ON WG CROISSANT** 630 DRAGON PUNCH VEGETABLE JUICE 653 UNSWEETENED APPLESAUCE 100 WHITE MILK	404 **TURKEY HAM, TURKEY SALAMI, TURKEY PEPPERONI & MOZZARELLA CHEESE ON WG WRAP** 633 SUNSET SIP VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	251 **GRILLED CHEESE ON WG RF AMERICAN/MOZZARELLA** ***or*** 261 **SOY BUTTER & JELLY WG SANDWICH** 632 WANGO MANGO VEGETABLE JUICE 656 CRAISINS-ORIGINAL ***or*** 647 MANDARIN ORANGE CUP 100 WHITE MILK	 **NO DELIVERIES**	227 **TURKEY HAM, TURKEY PEPPERONI & CHEESE ON WG SUB** 611 BABY CARROTS SNACK PACK 646 PEACH CUP 100 WHITE MILK **NO DELIVERIES**

MENU SUBJECT TO CHANGE

MILK: 1 YEAR OLD CHILDREN MUST BE SERVED 4-OUNCE WHOLE WHITE MILK; 100%
CHILDREN 2 YEARS AND OLDER MUST BE SERVED EITHER 8-OUNCE SKIM FAT FREE WHITE MILK OR 8-OUNCE 1% LOW FAT WHITE MILK

CHOPPED ROMAINE SALAD: CHILDREN AGES 1 THROUGH 5 RECEIVE 1/2 CUP, DAY!
CHILDREN AGE 6 & OLDER RECEIVE 1 CUP.

HEALTHY GRAINS! ALL ITEMS ARE WHOLE OR WHOLE GRAIN RICH PRODUCTS.

WATER : MUST BE OFFERED EVERY

Catholic Charities of Philadelphia | NUTRITIONAL DEVELOPMENT SERVICES

Nutritional Development Services
Archdiocese of Philadelphia
1601 Cherry Street, Suite 1100
Philadelphia, PA 19102
Phone: 215-895-3470, Option2

PLEASE READ CAREFULLY: Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services Inc., and your children's school/center, shall not be responsible for any allergic reaction or related illness caused by any food item.

Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information, please call (215) 895-3470 during normal business hours.